

**SESSION**

**8a**

**SOCIAL PROBLEM SOLVING I**

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## **SESSION TOOLS**

**The following materials are included for you to utilize during Session 8 of this module:**

**Handout:** Parent-O-Meter

**Handout:** Goal Line

**Handout 8a.1:** Problem Solving – PICC Model

**Handout 8a.2:** These Boys Have a Problem to Solve

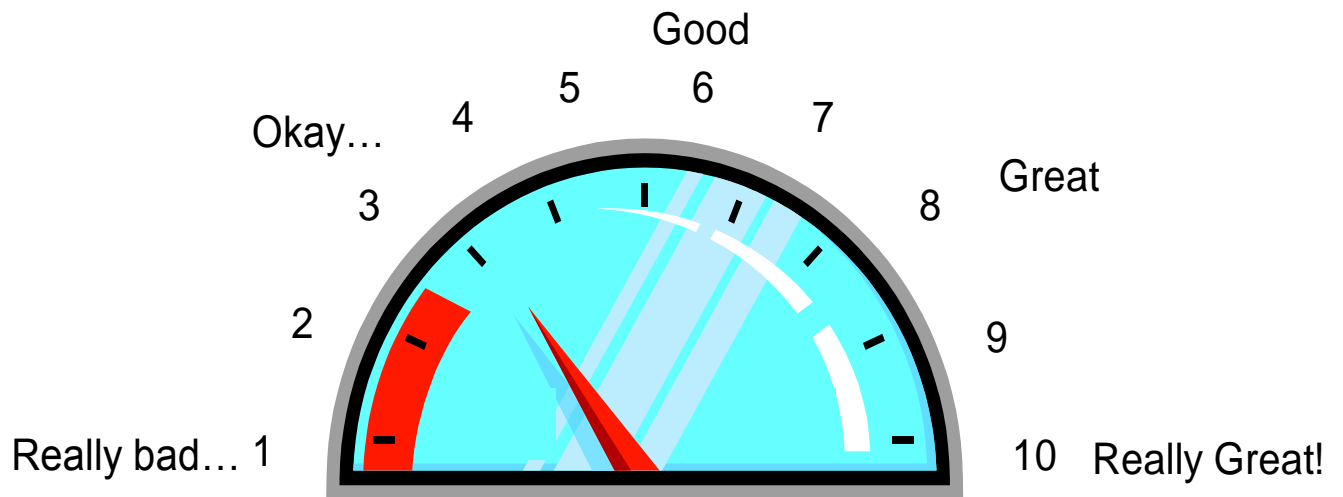
**Handout 8a.3:** Problem Solving Worksheet

# Parent-O-Meter

This Week's Goals: \_\_\_\_\_  
\_\_\_\_\_

How did my parent(s) do?

CIRCLE A NUMBER!



# Goal Line



**Directions:** Place a check mark in the "Progress" Box each time a Goal is completed.

Number	Goal	Progress						
		M	T	W	Th	Fr	Sa	Su
1								
2								
3								
4								
5								

## Rewards for Goals Achieved:

**Ex., 4 checks for homework done before TV time = One hour of an activity with Mom or Dad**

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# Problem Solving - PICC Model

## PROBLEM IDENTIFICATION (P.I.)

### (a) Perspective Taking

- Identify what the problem is based on **each** person's perspective of the situation.
- No blaming, name-calling or put-downs in stating the problem.

### (b) Individual Goals

- Identify your goal in the situation.
- Identify the other person's goal in the situation.
- Look toward cooperation and compromise.

## IDENTIFY CHOICES (C)

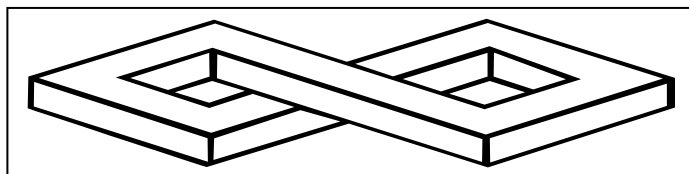
- Brainstorm all possible solutions to the problem. What are your choices?
- Do not evaluate the solutions in terms of outcome just list all possible choices.

## IDENTIFYING CONSEQUENCES (C)

- Identify what the consequences would be for each solution.
- Provide ALL possible consequences, both positive and negative.

## CHOOSE THE BEST SOLUTION

- Choose the best solution based on a review of all the consequences.
- Weigh out the positives and negatives → choose the one that has the fewest negatives.
- Choose a backup solution in case the first solution does not work.
- Try out your solution.



HANDOUT 8a.2

# THESE BOYS HAVE A PROBLEM TO SOLVE



Photo used by permission of The Orlando-UCF Shakespeare Festival

\* Please note that the individuals pictured in this scene are actors and have no connection with the intervention program

# Problem Solving Worksheet

**Problem Identification** \_\_\_\_\_

**Pick It Apart = "Ask questions"**

**My problem is:**

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**Possible choices/solutions:**

**Consequences of the  
choices/solutions:**

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**The solution I chose is:**

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**The consequences of my solution were:**

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