



**EVERY CHILD AND FAMILY**  
*DESERVES* **EFFECTIVE**  
*MENTAL HEALTH CARE.*



**Tanner Walsh, MD** works at a Federally Qualified Health Center near Philadelphia, where the majority of her patients are on Medicaid.

## Your support makes “a world of difference.”

For families in Pennsylvania’s most under-resourced communities, accessing mental health care is often a challenge. This is especially true for the “Meyer” family: a single mother and five children who have struggled to find the right support for years. Then they met **pediatrician Tanner Walsh, MD**, a scholarship recipient of REACH’s Patient-Centered Mental Health in Pediatric Primary Care (PPP) program.

The five Meyer children are cared for exclusively by their mother, as their father is incarcerated. While three of the Meyer children already received ADHD diagnoses, the mother came to Dr. Walsh with particular concern for her 8-year-old son, “Matthew”. He had become extra fidgety, was experiencing sleep problems, and continued to struggle in school, despite being on ADHD medication.

**“The REACH program taught me to look beyond the surface,” Dr. Walsh shared.**

After digging deeper, Dr. Walsh realized that anxiety (often present alongside ADHD) was significantly impacting Matthew. Recognizing and addressing *both* disorders led to an almost immediate change in Matthew’s life. “Without [REACH], I might have focused only on the ADHD. But by treating his anxiety as well, we’ve been able to give this child—and his family—a better quality of life.”

Today, the Meyer children are healthy and well, thanks to Dr. Walsh’s comprehensive approach to care. “The mother tells me constantly how much this has changed their lives,” said Dr. Walsh. “She feels heard, and her kids are learning and growing. It’s a world of difference.”

**A world of difference made possible by support from people like you. The generosity of our donors enables REACH’s scholarship program to empower providers like Dr. Walsh, so they can offer evidence-based mental health care to the children and families who need it most.**

# 1 IN 5

CHILDREN EXPERIENCE A MENTAL HEALTH DISORDER EACH YEAR, AND YET...

# ONLY 20%

RECEIVE EFFECTIVE CARE.



*It’s thanks to your generosity that these numbers are changing.*

**An estimated 338,700 children and families** gained access to effective, scientifically proven mental health care from a REACH-trained provider in 2023.





## EXPANDING OUR REACH



REACH awarded **25** scholarships to providers serving high-need communities, covering the full cost of REACH's intensive PPP program and bringing the best possible mental health care to those who need it most.

REACH trained **1,285** primary care and mental health providers across programs to effectively assess, diagnose, and treat common mental health concerns in children, adolescents, and adults.



REACH trainings impacted providers in **45** U.S. states and **4** Canadian provinces, spreading our vital mission far and wide.

### Also in 2023...

- > To meet the needs of our provider community, REACH developed a **brand-new course: Practical Behavior Management in Pediatric Primary Care**.
- > The **Draper Richards Kaplan Foundation** awarded REACH with a grant to help us scale our programming and make a greater impact on children's mental health nationwide.
- > The AARP honored REACH founder Peter Jensen, MD with its prestigious **AARP Purpose Prize**, a national award celebrating nonprofit founders over the age of 50 who are building a better future.
- > REACH received a grant through the **Airbnb Community Fund**, enabling us to lead a CBT for Anxiety in Pediatric Primary Care course at no cost for providers serving children with the greatest barriers to care due to economic, geographic, and/or systemic disadvantages.
- > 46 primary care providers from El Rio Health, a federally qualified health center (FQHC), completed REACH's Patient-Centered Mental Health in Pediatric Primary Care (PPP) program at no-cost, thereby **expanding access to effective mental health care to medically underserved communities** in Tucson, Arizona.



## 2023 FINANCIALS

Revenue	2023	2022
Program Revenue	\$ 1,849,126	\$ 1,564,158
Grants & contributions	\$ 326,859	\$ 393,468
Interest income	\$ 117	\$ 1,378
Contributed services	\$ 80,276	\$ 153,660
<b>Subtotal</b>	<b>\$2,256,378</b>	<b>\$2,112,664</b>
Investment return	\$ 131,629	\$ (88,882)
<b>Total Revenue</b>	<b>\$2,388,007</b>	<b>\$2,023,782</b>

### Expenses

Program	\$ 2,006,329	\$ 1,970,474
Administrative	\$ 307,755	\$ 317,411
<b>Total expenses</b>	<b>\$2,314,084</b>	<b>\$2,287,885</b>

“

“I have been in practice for 23 years and this is **by and far the best course I have taken.**”

— Pediatrician, Vermont

“This was an incredible experience! **I feel more prepared to help pediatric patients in my community.**”

— Nurse Practitioner, Texas

“I no longer need to fear the months-long waits for mental health providers. **I can start specific care now.** Thank you for breaking down that wall.”

— Family Physician, Georgia

“The REACH faculty and staff were phenomenal! **I feel so much more confident.**”

— Nurse Practitioner, Georgia

**THIS IMPACT  
WOULDN'T BE  
POSSIBLE  
WITHOUT YOU.**



*Thank you to our 2023 donors.*

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